

# Edmond Santa Fe Pom



2017-2018

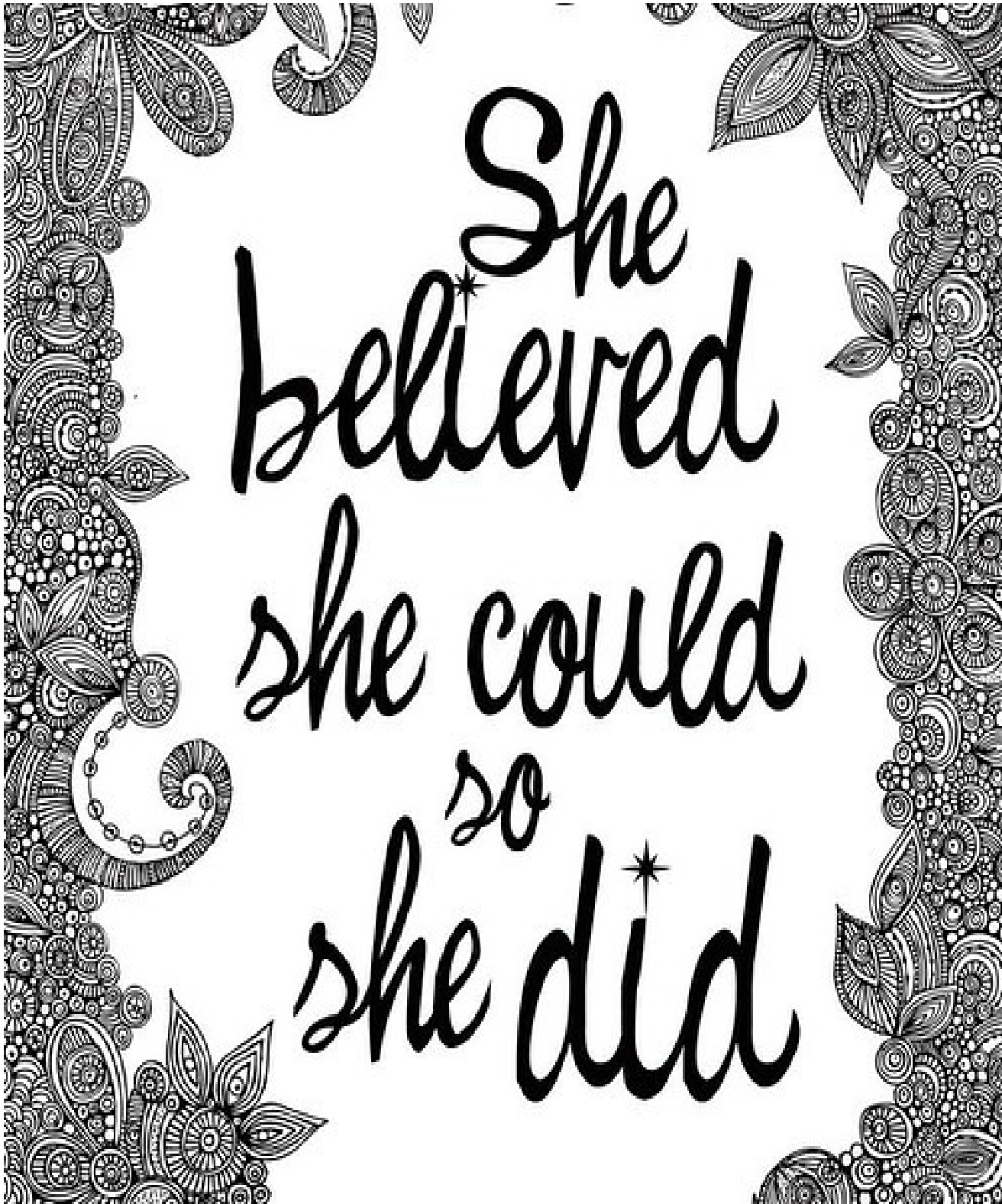
**GUIDELINES & INFORMATION**



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# CLINIC AND TRY-OUT GUIDELINES

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## CLINIC DATES AND TIMES

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Date: March 27– March 31  
Time: 3:45-5:00pm

## CLINIC GENERAL INFORMATION

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1. Clinic will be held from 3:45-5:00pm in the large gym.
2. The gym will be closed at 5:00pm; no candidate may stay beyond the designated time.
3. Clinics are closed to the public: only coaches, choreographers, administrators, and current senior pom members may attend and watch.
4. Required attire for clinic is modest shorts, t-shirt, socks and dance or athletic shoes.
5. Hair and bangs must be secured away from the face and no jewelry is to be worn.
6. No videoing allowed of try-out routine.
7. No cell phones allowed in the clinic.

## CLINIC SCHEDULE

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Monday, March 27: Learn try-out routine and chant.  
Tuesday, March 28: Practice routine and chant; work on specific skills (turns, kicks, leaps, etc.)  
Wednesday, March 29: Master routine and chant; work on specific skills (turns, kicks, leaps, etc.)  
Thursday, March 30: Mock try-outs; each participant will go through the try-out process in front of all candidates and the seniors. Outside observers, cameras, cell phones, videoing, etc. permitted.  
Numbers Picked: Numbers picked before mocks. Same order will be used Friday.

## TRY OUT DATE AND TIME

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Date: March 31  
Time: 4:00pm-End

## TRY OUT SCHEDULE

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Report: 4:00pm  
Judging Begins: 4:30pm

## TRY OUT GUIDELINES

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1. Closed to the parents/guardians and the general public.
2. Results are posted as soon as possible outside doors of the large gym area.
3. Results are also posted on-line in a timely fashion.
4. Contestants wear a fitted (sleeveless) tank top style shirt with no logos or writing.
5. Contestants wear black spunks.
6. Contestants wear dance (jazz) shoes.
7. Contestants secure their hair including bangs in a ponytail or bun.
8. Contestants will not apply “stage” makeup.
9. Jewelry will not be worn.
10. Three judges are scoring. If a tie occurs, several random candidates are brought before the judges a second time.
11. All candidates must remain at the school until all sheets are tallied, verified, and validated. Only at that time are candidates dismissed.
12. Refer to the Edmond Public Schools District Cheer & Pom Contract for additional try-out guidelines and requirements.

# GENERAL INFORMATION

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## COACH

1. Responsible for schedules.
2. Responsible for grades.
3. Responsible for teaching leadership skills.
4. Responsible for working with athletes to find suitable solutions for challenges.
5. Responsible for maintaining a fair and equitable program.

## PARENT EXPECTATIONS

1. Collaborate with other parents, athletes, coaches, and administration.
2. Support the decisions of the coach and administrators.
3. Access and use the proper chain of command starting with the coach, athletic director, assistant principal, principal, and finally school board.
4. Accountability for financial obligations throughout the school year.
5. Respect and support the athlete's time commitment.
6. Support your athlete in activities and responsibilities.
7. Understand and support your athlete in this physically and emotionally demanding sport.
8. Understand pom can carry a risk of physical injury.
9. Understand that violations to the District or Santa Fe contract can lead to temporary or permanent suspension from the team.

## TEAM MEMBER GENERAL EXPECTATIONS

1. Promote school spirit and unity, support, and encourage student body involvement at sporting events and various school activities.
2. Provide half time entertainment at sporting events as well as responsibilities at other events.
3. Demonstrate unity through uniforms, hair, earrings, socks, shoes, poms being exactly the same at games and performances.
4. Practice respect to self and others.
5. Be a team player.
6. Use positive words and actions.
7. Be a positive role model.
8. Demonstrate good leadership qualities at all times.
9. Illustrate loyalty, cooperation and positive attitudes to self, team, student body, parents, coaches, administration, the universe, etc.

## CLASS AND SCHEDULED PRACTICE RULES

1. Be prompt.
2. Be prepared.
3. Be respectful.
4. Dress code for pom class is modest shorts, t-shirt, socks and appropriate shoes.
5. Members dress out daily unless specified otherwise by the coach.
6. Practice begins with stretching & warming up.
7. In order to receive all points for practice, athlete must participate in all facets of practice (i.e. being on time, dressing out, stretching, making signs, hanging signs, listening, cooperating, etc.)
8. Failure to participate in any aspect of practice will result in a mark. Two marks in one week will disqualify the athlete from participating in the next game or event scheduled. Athlete will attend the game or event in uniform and sit with the coach.
9. Phones are not used during practices. The exception is the phone used for music.
10. When a team member is absent from practice, it is the athletes responsibility to learn what was missed (8 counts) prior to the next practice.

## GENERAL INFORMATION CONTINUED

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### GAME CONDUCT

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1. Arrive at the bus on time with all equipment.
2. Arrive at a home game on time in uniform and ready to begin cheering.
3. Uniforms, hair, earrings, socks, shoes, poms are to be exactly the same at games.
4. Game day basics: no unauthorized jewelry, gum, eating, drinking, inappropriate motions, crazy side line dancing, foul language, leaving the line, etc.
5. Restroom breaks are accomplished before the game and during half-time.
6. Remain in formation at all times. Legs shoulder length apart with hands/poms behind the back.
7. Be attentive to the captains.
8. Be attentive to the game.
9. Be attentive to band songs, PA songs, etc.
10. Injured or ineligible athlete will attend games in uniform and sit with the coach.

### GAME, EVENT, AND PRACTICE MISSES

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The earlier the better; however, misses for a game or event will be given no later than 24 hours prior to the practice or event.

### EXPECTED BEHAVIOR AND ATTENDANCE

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All school policies will be followed regarding student behavior and attendance.

## REQUIRED DATES

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DATE	TIME	EVENT	LOCATION
Wednesday, March 22	3:30PM	All Pom Applications & Tryout Fee Due	Respective Coach
M-TH, March 27-30	3:45-5:00PM	Pom Clinic	Large Gym
Friday, March 31	4:00PM	Pom Tryout Day	Large Gym
Tuesday, April 4	All Day	Uniforms MUST be turned in (if pom was not made)	Pom Room
Wednesday, April 12	2:30PM 3:30PM	Girls Only Varsity Uniform Check-Out (Fitting) Freshman Uniform Check-Out (Fitting)	Pom Room
Tuesday, April 18	6-6:30PM	Adults Required New Team Member & Adult Meeting Varsity & Freshman – Info and ½ Camp \$ Due	Room 153
Tuesday, May 23	All Day	All Camp Money & Camp Clothes Money Due	Room 153
TBA	6-7PM	Physicals at SF—\$10.00	Large Gym
June 10-13	All day	UDA Camp	Tulsa, OK
August 12-15	9:00-11AM	Varsity and Freshman Team Clinic	Pom Room

## SUMMER CAMP INFORMATION

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Type UDA  
 Location Renaissance Tulsa Hotel & Convention Center  
 6808 S 107th E Ave, Tulsa, OK 74133  
 Phone (918) 307-2600

**DAY 1** **June 10**  
 Transportation Edmond District Bus and Driver/Parent Car Pool (to be decided)  
 Departure Location Santa Fe High School (front of the building – 15<sup>th</sup> Street)  
 Departure Date June 10  
 Departure Time 7:00am  
 Check in 9-11:00am  
 Brunch/Lunch Bring \$ for lunch or bring a sack lunch and bring \$ for a late night pizza or other  
 Sneak Peek 12:15pm UDA Routine Sneak Peek (Coaches and Captains only)  
 Camp Kick Off 1:00pm UDA Camp Kick Off  
 Day Ends 8:15pm

**DAY 2 & 3** **June 11 & 12**  
 Begins with Breakfast 7:00am  
 Ends 8:15pm

**DAY 4** **June 13**  
 Breakfast 7:00am  
 Final Awards 11:30am  
 Return Time 4-5:00pm

## ESTIMATED COST

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### ITEMS PROVIDED BY THE SCHOOL DISTRICT

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School provides pom uniforms consisting of a top and skirt

### REQUIRED ITEMS NOT PROVIDED BY THE SCHOOL DISTRICT

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No material is to be cut when doing alterations

<i>Essential Items (estimate)</i>	<i>Cost</i>	<i>Team</i>
Shoes (athletic and dance)	\$85	all
Poms	\$50	all
2 Black Spanks	\$25	all
Black leggings (lulu lemon)	\$73.50	all
Jacket w/mono	\$50	all
Bag with monogramming	\$50	all
Summer Camp Fees & Food	\$400	all
Camp Tops	\$80	all
T-Shirts throughout the year	\$50	all
Misc. Expenses for Homecoming/DWDW	\$40	all

### OPTIONAL ITEMS

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<i>Optional Items</i>	<i>Cost</i>	<i>Team</i>
Team Sweatshirt	\$25	all
Alterations for Uniforms	\$50-\$200	all

Please recognize that as soon as your child makes pom for the 2017-2018 school year, numerous expenses will be due within the first 2-3 weeks.



Judge # \_\_\_\_\_

Candidate # \_\_\_\_\_

**SKILLS**

Turn..... (10) \_\_\_\_\_

    Double..... max 10 pts

    Single..... max 5 pts

Turn combination..... (10) \_\_\_\_\_

    Without fouetté..... max 5 pts

Leg Grab..... (5) \_\_\_\_\_

Calypso Leap (back leg attitude)..... (5) \_\_\_\_\_

Kicks..... (5) \_\_\_\_\_

**DANCE**

Memory..... (10) \_\_\_\_\_

Dance Technique (leaps, turns, fouettés, etc.)..... (10) \_\_\_\_\_

Rhythm/Timing..... (10) \_\_\_\_\_

**CHANT**

Motions (sharpness, placement, voice)..... (25) \_\_\_\_\_

**SPIRIT**

Overall impression (crowd appeal, confidence, energy, etc.)..... (10) \_\_\_\_\_

Judge Signature \_\_\_\_\_

**TOTAL (100)** \_\_\_\_\_

# NOTES & QUESTIONS

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# APPLICATION AND CHECKLIST

(REMOVE FROM PACKET TO TURN IN)

Team (circle one):      VARSITY      OR      FRESHMAN

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone \_\_\_\_\_

Student's Cell \_\_\_\_\_ Student's Email \_\_\_\_\_

Name(s) Of Parent/Guardian \_\_\_\_\_

Mom/Guardian's Cell \_\_\_\_\_ Mom/Guardian's Email \_\_\_\_\_

Dad/Guardian's Cell \_\_\_\_\_ Dad/Guardian's Email \_\_\_\_\_

School Currently Attending \_\_\_\_\_ Current Grade \_\_\_\_\_

T-Shirt Size (circle one) Small    Medium    Large    X-Large    XX-Large

Consideration to be a Captain (circle one) YES    NO

## Contracts, Permission Form & Fee:

- Edmond Public Schools Cheer & Pom District Contract Signed
- SFHS Pom Parent Meeting Attended & Signed In
- SFHS Pom Contract Signed
- EPS Permission to Participate & Consent to Treat Form Signed
- \$25.00 Fee Included (Cash, Money Order, or Checks payable to SFHS Pom)

## Physical (must be able to check one):

- Existing physical should be on file at SFHS for 2016-2017 year.  
Sport candidate participated in for the 2016-2017 year: \_\_\_\_\_
- Existing physical should be on file at middle school for 2016-2017 year. Candidate is responsible for getting a **copy** from your middle school to turn in with paperwork by Wednesday, March 22, 2017.
- Candidate does not have an existing physical. Candidate will need to get a physical in order to try-out according to the OSSAA's policy. OSSAA's calendar year for a physical is May 1—May 1. The candidate will have the understanding that a new physical will be needed dated May 1, 2017 or after. This new physical is needed for camp.

## Information on the Rank One website (SF/Athletic Director/Rank One link) all must be completed:

- Physical Information Form
- Concussion Acknowledgement Form
- Drug Test Consent Form
- Permission to Travel Form
- Sudden Cardiac Arrest Acknowledgment Form
- Physical / Medical History Form –Download and print- needs doctor's signature, student and parent/guardian signature.

# SANTA FE POM CONTRACT AGREEMENT (REMOVE FROM PACKET TO TURN IN)

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## Parent/Guardian

I hereby authorize my child, \_\_\_\_\_, to try out for pom at Edmond Santa Fe High School. If my child is chosen for the position of pom team member, I understand he/she is obligated to serve in that capacity for the entire school year, unless he/she leaves school or does not continue to meet the requirements of the position. I have read the contract and am aware of the rules and guidelines stated in the *Edmond Santa Fe Pom Membership Guidelines and General Information Packet* & the *Edmond Public Schools District Contract* that must be followed throughout the year and understand that violation of any of these rules may lead to loss of points, demerits, and/or temporary or permanent suspension from the team. I understand that all forms attached must be completed by Wednesday, March 22, 2017, and turned in by 3:30PM, or my child will not be allowed to try-out. I have discussed the contract with my child, and we will abide by these rules and regulations if chosen for a team.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
*Parent/Guardian's Signature* *Date*

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Print Parent/Guardian's Name *Date*

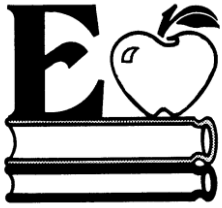
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## Candidate

I have read the entire *Edmond Santa Fe Pom Membership Guidelines and General Information Packet* & the *Edmond Public Schools District Contract* and understand all rules and regulations set forth in them. I understand that if selected for an Edmond Santa Fe Pom Team, I will be expected to abide by these rules, as well as any other rules designated by the coach or administrators. I understand that membership on the pom team is both an honor and extremely hard work. I will make every effort to be a successful member of the team by supporting my coach, my fellow team members, and the program throughout the year. I further understand that Edmond Santa Fe Pom team members are held to the highest standards possible, and if I am selected, I will respect and honor the privilege given to me to represent Edmond Santa Fe in the best manner possible. I have read all forms and discussed them with my parents, and we will abide by these regulations if chosen for a team.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
*Candidate's Signature* *Date*

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Print Candidate's Name *Date*



# EDMOND PUBLIC SCHOOLS

*Empowering all students to succeed in a changing society*

## Parent Permission to Participate

The parent/guardian signing below hereby grants permission for the student to participate in the School Activity. Both parent/guardian and Student have read this agreement, voluntarily sign below, and agree to be bound by the terms and conditions of this agreement.

\_\_\_\_\_  
*Student's Signature*

\_\_\_\_\_  
Parent/Legal Guardian's Signature  
(For students under 18 years old)

\_\_\_\_\_  
(Print Student's Name)

\_\_\_\_\_  
Dated

## Important Contact Information

Parent Name (Print): \_\_\_\_\_

Phone Number (Home) \_\_\_\_\_ Work or Cell Phone: \_\_\_\_\_

In the event of illness or accident, if we should need to contact someone other than listed above, please contact:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## Consent to Medical Care

If your child sustains a non life-threatening injury, Oklahoma law requires that a hospital have parental consent before beginning treatment. This form allows you to give the necessary permission, even if your child is under the care of another adult. With your consent, this form can be presented at any medical office, clinic, or hospital in Oklahoma for emergency medical care.

In the event of illness or injury, Student and parent/guardian hereby consent to whatever x-ray, examination, anesthetic, medical, dental or surgical diagnosis or treatment and hospital care from a licensed physician as deemed necessary for the safety and welfare of Student. It is understood that the resulting expenses will be the responsibility of the student participant and/or parent or guardian.

\_\_\_\_\_  
(Parent or guardian signature regarding Consent to Medical Care only)