

# Edmond Santa Fe Freshman Pom

2021-2022  
CONTRACT & INFORMATION

WEBSITE: [WWW.EDMONDSCHOOLS.NET/SANTAFE](http://WWW.EDMONDSCHOOLS.NET/SANTAFE)  
FRESHMAN POM: [LINDSAY.IHRIG@EDMONDSCHOOLS.NET](mailto:LINDSAY.IHRIG@EDMONDSCHOOLS.NET)



# GENERAL INFORMATION

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## COACH

1. Responsible for schedules.
2. Responsible for grades.
3. Responsible for teaching leadership skills.
4. Responsible for working with athletes to find suitable solutions for challenges.
5. Responsible for maintaining a fair and equitable program.

## PARENT EXPECTATIONS

1. Collaborate with other parents, athletes, coaches, and administration.
2. Support the decisions of the coach and administrators.
3. Access and use the proper chain of command starting with the coach, athletic director, assistant principal, principal, and finally school board.
4. Accountability for financial obligations throughout the school year.
5. Respect and support the athlete's time commitment.
6. Support your athlete in activities and responsibilities.
7. Understand and support your athlete in this physically and emotionally demanding sport.
8. Understand Pom can carry a risk of physical injury.
9. Understand that violations to the District or Santa Fe contract can lead to temporary or permanent suspension from the team.

## TEAM MEMBER GENERAL EXPECTATIONS

1. Promote school spirit and unity, support, and encourage student body involvement at sporting events and various school activities.
2. Provide half time entertainment at sporting events as well as responsibilities at other events.
3. Demonstrate unity through uniforms, hair, earrings, socks, shoes, etc.
4. Practice respect to self and others.
5. Be a team player.
6. Use positive words and actions.
7. Be a positive role model.
8. Always demonstrate good leadership qualities.
9. Illustrate loyalty, cooperation and positive attitudes to self, team, student body, parents, coaches, administration, the universe, etc.

## CLASS AND SCHEDULED PRACTICE RULES

1. Be prompt.
2. Be prepared.
3. Be respectful.
4. Members dress out daily unless specified otherwise by the coach/head captain.
5. Practice begins 10 minutes after the tardy bell.
6. When a team member is absent from practice, it is the athlete's responsibility to learn the missed instruction prior to the next practice.
7. If a member is ineligible for 3 consecutive weeks, the member will be removed from Pom.

## GAME CONDUCT

1. Be punctual at games.
2. Be prepared for restroom breaks before the game and during half-time.
3. Be conscious to remain in formation.
4. Be attentive to the captain(s).
5. Be attentive to the game.
6. Be attentive to band songs, PA songs, etc.
7. Ineligible athlete cannot attend games or wear their uniform on game days. Suggestion: Use the time to study to improve the grade.

## GAME, EVENT, AND PRACTICE MISSES

The earlier the better; however, misses for a game or event will be given no later than 24 hours prior to the practice or event by text message or email.

## EXPECTED BEHAVIOR AND ATTENDANCE

All school policies will be followed regarding student behavior and attendance.

## DATES, TIMES, EVENTS AND LOCATIONS

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DATE	TIME	EVENT	LOCATION
Thursday, March 4	3:00PM	All Pom Applications & Tryout Fee Due Cash or Check Payable to SFHS Pom \$40.00	Mrs. Ihrig Freshman Academy
Friday, March 12	11:59PM	Virtual Clinic Released Dance / Band Song / Chant	Student's School Email
Friday, March 26	5:00PM	In-Person Pom Tryout Day	Pom Complex Small Gym Large Gym
Wednesday, March 31	2:00PM	Freshman Team Uniform Fitting	Pom Complex
Tuesday, April 13	All Day	Freshman Team Clothes Money Due	Mrs. Ihrig Freshman Academy
Thursday, May 13	All Day	Freshman Team Camp Money Due	Mrs. Ihrig Freshman Academy
June 2.3.4.5	All day	NDA Home Camp	Santa Fe Pom Complex
Dates TBA	TBA	Freshman Back to School Clinic	Pom Complex

## SUMMER HOME CAMP INFORMATION

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Type:                                    NDA Home Camp                                    Location:                                    Pom Complex

**DATES**

6.2.21 / Day 1:	Start Time:	12:00PM	End Time:	6:30PM
6.3.21 / Day 2:	Start Time:	7:30AM	End Time:	5:30PM
6.4.21 / Day 3:	Start Time:	7:30AM	End Time:	5:30PM
6.5.21 / Day 4:	Start Time	7:30AM	End Time:	5:30PM

Lunch / Snacks                                    Provided Daily                                    Estimated Cost: 300.00 per athlete

# ESTIMATED EXPENSES

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## ITEMS PROVIDED BY THE SCHOOL DISTRICT

School provides Pom uniforms consisting of tops, skirts and dresses  
Uniforms may be altered at athlete's expense.

## REQUIRED ITEMS PROVIDED BY ATHLETE

<i>Essential Items (estimate)</i>	<i>Cost</i>	<i>Team</i>
Shoes	\$85	all
Poms (2 Silver Poms)	\$50	all
2 Black Spinks	\$25	all
Warm-up (Personalized Jacket & Pants)	\$180	all
Backpack or Bag Monogrammed	\$50	all
Summer Camp Fees & Food	\$300+/-	all
Camp Tops	\$50	all

Please recognize that as soon as your child makes Pom for the 2021-2022 school year, numerous expenses are due within the first 2-3 weeks.

The remaining balances are due 1 month later.

# SAMPLE JUDGE TRYOUT SCORE SHEET

CATEGORY	MAX POINTS	SCORE RECEIVED
<b><i>DANCE Skills</i></b>		
Turns: Triple	10 maximum	
Turns: Double	5 maximum	
Turn: Single or Pique	3 maximum	
Triple Coupé (Arms Raised)	10	
Side Leap (Side Chassé, Leap)	10	
Calypso Leap (Back Leg Attitude)	5	
Flexibility (Scorpion, Leg Hold or Ponché)	5	
Musicality, Rhythm & Timing	15	
Memory &	15	
<b><i>BAND CHANT</i></b>		
Motions (Sharpness, Spirit, Timing, Etc.)	20	
<b><i>CHANT</i></b>		
Motions (Sharpness, Placement, Voice, Etc.)	10	

Judge Signature \_\_\_\_\_

**TOTAL (100)** \_\_\_\_\_

# PRINT / FILL OUT / TURN IN

## APPLICATION FRESHMAN

Athlete's Name	
Athlete's Cell	
Athlete's School Email	
Contact Parent/Guardian Name	
Contact Parent/Guardian Name	
Contact Parent/Guardian Email	
Current School Attending	
2021-2022 Grade Level	
T-Shirt Size	

<https://santafe.edmondschools.net/athletics/pom-pon/>

**Paperwork for Tryouts (complete each task & turn in paper copies with cash or check for 40.00 payable to SFHS Pom to Mrs. Ihrig before on by March 4 no later than 3:00PM):**

- 1. District Cheer & Pom Contract Signed and Included
- 2. SFHS Pom Contract Signed and Included
- 3. Copy of physical (if box 5B is checked below)
- 4. \$40.00 Fee Included (Cash, Money Order, or Checks payable to SFHS Pom)
- 5A. Existing physical is on file at \_\_\_\_\_ (middle school)  
for \_\_\_\_\_ (sport or activity).
- 5B. Candidate does not have a current physical on file at an Edmond School. Candidate will need to get a physical to try-out according to the OSSAA's policy. OSSAA's calendar year for a physical is May 1—May 1. The candidate must get a second new physical dated May 1, 2021 or after if they make the team. This new second physical is needed for camp and the 2021-2022 school year. The first physical (although new) is no longer valid according to OSSAA after the last day of March 2021.

<https://www.rankonesport.com/content/Home/MemberLogin>

**Information on the Rank One website (all forms must be completed):**

- Physical Information Form
- Concussion Acknowledgement Form
- Drug Test Consent Form
- Permission to Travel Form
- Sudden Cardiac Arrest Acknowledgment Form
- Physical / Medical History Form
- There may be forms not listed here that are new additions to RankOne, also complete them.

<http://ossaa.com/eligibility.aspx>

**OSSAA Eligibility Rules**

# PRINT COPY / SIGN / TURN IN

## SANTA FE POM CONTRACT AGREEMENT

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### Parent/Guardian

I hereby authorize my child, \_\_\_\_\_, to try out for Pom at Edmond Santa Fe High School. If my child is chosen for the position of Pom team member, I understand he/she is obligated to serve in that capacity for the entire school year, unless he/she leaves school or does not continue to meet the requirements of the position. I have read the contract and am aware of the rules and guidelines stated in the *Edmond Santa Fe Pom Membership Guidelines and General Information Packet* & the *Edmond Public Schools District Contract* that must be followed throughout the year and understand that violation of any of these rules may lead to loss of points, demerits, and/or temporary or permanent suspension from the team. I understand that all forms attached must be completed by Thursday, March 4, 2021, and turned in by 3:00PM, or my child will not be allowed to try-out. I have discussed the contract with my child, and we will abide by these rules and regulations if chosen for a team.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Parent/Guardian's Signature Date

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Print Parent/Guardian's Name Date

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### Candidate

I have read the entire *Edmond Santa Fe Pom Membership Guidelines and General Information Packet* & the *Edmond Public Schools District Contract* and understand all rules and regulations set forth in them. I understand that if selected for an Edmond Santa Fe Pom Team, I will be expected to abide by these rules, as well as any other rules designated by the coach or administrators. I understand that membership on the Pom team is both an honor and extremely hard work. I will make every effort to be a successful member of the team by supporting my coach, my fellow team members, and the program throughout the year. I further understand that Edmond Santa Fe Pom team members are held to the highest standards possible, and if I am selected, I will respect and honor the privilege given to me to represent Edmond Santa Fe in the best manner possible. I have read all forms and discussed them with my parents, and we will abide by these regulations if chosen for a team.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Candidate's Signature Date

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Print Candidate's Name Date